

# San Marcos Revolution Presents The

# CATALYST SOCCER TECHNICAL CAMP

June 26-29, 2017 at Palomar College Minkoff Field

**Position Specific Training For:** 

Offense, Midfield, Defense, Goglie

**Technical Skill Training For:** 

Dribbling, Moves, Passing, First Touch, Striking

**Athletic Development Training For:** 

Speed, Agility, Strength, Power

**Injury Deterrence Training For:** 

Warm Up, Cool Down, Joint Stability



## **Players**

All Positions

Coed, Birth Years 2003-10, Age 6-14 Recreational and 1st Year Competitive

#### Schedule

Check In: 8:30am

Monday: Offense 9am-1pm

Tuesday: Midfield 9am-1pm

Wednesday: Defense 9am-1pm

Thursday: Tournament 9am-12pm

### Cost

\$150 Per Player Register Online by June 18



